

PRESS RELEASE

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FOR IMMEDIATE RELEASE
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The Cardinal at North Hills to Host “Eat Pray Love” Author Elizabeth Gilbert

RALEIGH, N.C., Sept 19, 2019 – The Cardinal at North Hills, Raleigh’s premier metropolitan continuing care retirement community, is proud to host Elizabeth Gilbert, author of “Eat Pray Love,” which was made into a hit movie starring Julia Roberts. Nearly 200 guests will enjoy a once-in-a-lifetime opportunity to hear the bestselling author speak. Gilbert will deliver her keynote on **Thursday, October 3 at 2:00 p.m.**

This event at The Cardinal at North Hills (4030 Cardinal at North Hills Street) is a part of The Art of Living Well® Speaker Series and is for invited guests, the media and residents. A private meet and greet, for residents and staff members, will kick things off at 1:15 p.m., and the keynote will begin shortly after. Following the presentation, there will be a Q&A session and photo opportunity for guests which will start at 3:00 p.m. Guests will also be able to buy signed copies of Gilbert’s books. While this event is not open to the general public, media is invited to attend. Reporters will be able to do interviews prior to the start of the event at 1:00 p.m. The media will also be allowed to record the first five minutes of the Q&A session for b-roll, following the keynote.

“We are looking forward to concluding this year’s Speaker Series with Elizabeth Gilbert. Her books, including “Eat Pray Love” and “Big Magic,” inspire people around the world to live a bold and inspired life,” said Tom Ford, executive director of The Cardinal at North Hills. “Here at The Cardinal, The Art of Living Well philosophy aims to strengthen the minds, bodies and spirits of our residents, and Gilbert’s writing shares that same message.”

Elizabeth Gilbert’s memoir “Eat Pray Love” has been called “a generation’s instruction manual” (*The Toronto Sun*). Exploding onto the scene in 2006, the bestseller famously chronicled the year Gilbert spent traveling the world after a shattering divorce. Translated into more than 30 languages, the book sold over 13 million copies worldwide. In 2010, “Eat Pray Love” was made into a feature film starring Julia Roberts and Javier Bardem – an experience Gilbert has called “surreal, amazing, and touching.”

In the much-anticipated follow-up novel, “Committed: A Love Story,” Gilbert tells the story of her unexpected plunge into a second marriage – this time to Felipe, the man with whom she fell in love at the end of “Eat Pray Love.” Part memoir, part meditation on marriage as a sociohistorical institution, “Committed” is rich with Gilbert’s trademark humor, sparkling prose and intimate voice.

In 2015, Gilbert wrote the instant number-one *New York Times* bestseller “Big Magic.” In the book, Gilbert digs deep into her own generative process to share her wisdom and unique perspective on creativity. PopSugar called the book “a must read for anyone hoping to live a creative life.”

This year, she’s returned to fiction with “City of Girls,” a love story set in the New York City theater world during the 1940s. Told from the perspective of a 95-year-old woman as she looks back on her youth with both pleasure and regret, “City of Girls” explores themes of female sexuality and promiscuity, as well as the idiosyncrasies of true love. Today, Gilbert lives in New York and continues to write as a columnist for *O, The Oprah Magazine*.

“As a Kisco Senior Living community, we are privileged to be able to bring first-class programming to our residents. This year’s Speakers Series allowed us to bring in authors from around the country to share their messages of inspiration and echo our commitment to The Art of Living Well philosophy,” said Ford. “We value creating memorable experiences for our residents and hope this year’s final event inspires them to embrace their own creativity.”

If you are interested in attending the event, covering this story or setting up an interview with Elizabeth Gilbert, please contact Madison Roberts via phone at 281-684-9857 or email at mroberts@thepointgroup.com or Lauren Witt via phone at 214-378-7970 ext. 306 or email at lwitt@thepointgroup.com.

ABOUT THE CARDINAL AT NORTH HILLS

The Cardinal at North Hills is Midtown Raleigh’s premier continuing care retirement community located in the vibrant North Hills Midtown District, steps away from a variety of walking trails, retail shops, delectable restaurants, theaters, concerts, medical services and much more. Within the 6-acre campus, The Cardinal features 165 luxurious independent living apartments, as well as assisted living apartments, memory care suites, private rooms for short-term rehabilitation and skilled nursing, all accessible under one roof and nestled within a lively urban setting.

At The Cardinal at North Hills, residents enjoy a variety of amenities including healthy chef-prepared dining choices delivered in the bistro, main dining room or pub. The community also has a state-of-the-art fitness center and award-winning wellness program, full-service health and beauty salon, blooming gardens, courtyards with walking paths, outdoor entertaining areas and terraces, and a full list of daily activities from which to choose. Residents are also provided with housekeeping and linen service, concierge services, scheduled transportation, intellectually stimulating events and activities, as well as opportunities to engage in social and recreational programs. It is a place where people can share passions, live in balance and build a lasting legacy.

As a Kisco Senior Living community, The Art of Living Well® philosophy is in every aspect of community life. Unique social and wellness opportunities strengthen the mind, body and spirit.



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For more information, call 561-232-6700 or go to lifeatthecardinal.com.

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