

May 30th, 2020

RE: Community Announcements

Dear Cardinal Residents and Family Members,

Thursday, North Carolina reported a record high of 708 patients hospitalized across the state with COVID-19. Due to this increase in hospitalizations, our ICU bed availability has been reduced to 18%. While North Carolina and The Cardinal have begun loosening restrictions over the past few weeks, these numbers prove that we are not out of the woods and must remain diligent in following our COVID-19 protocols. Our top priority at The Cardinal is continuing to create a bubble of safety around our community to protect our residents. To achieve this, we must have your support and compliance moving forward with the protocols we have in place. We are extremely happy to now offer outdoor visitation for our Independent Living residents and their family in addition to opening Rejuvenate Salon and the pool. We can continue to offer these options/services as long as we do not have a reported case of COVID-19. If we have one reported case, we will be forced to cease these services and all residents will be required to shelter in place until all affected have a negative test. To limit possible exposure to the virus, residents are still not allowed to leave The Cardinal for reasons that involve direct contact with others, including shopping, non-essential doctor's appointments, hair appointments, and going to restaurants. If a resident leaves the community for these reasons, he/she will be asked to shelter in place for 7 days. If a resident visits the Emergency Department or is hospitalized, he/she must shelter in place for 14 days upon returning. Until we begin to see the number of positive cases and hospitalizations drastically decrease across Wake County and the state, these restrictions will remain in place to keep our residents and associates safe.

Every year Kisco Senior Living holds an award ceremony recognizing top associates from all communities. Each community has the opportunity to nominate one associate who best exemplifies our principles, values, and beliefs for the Kisco Senior Living Tanzanite Award. This year, The Cardinal nominated one associate who we feel embodies these principles and is a valued member of our team. We are thrilled to announce the Stephen Mullis, Maintenance Manager, is the 2020 Tanzanite Award Winner for Kisco. Stephen was chosen as the winner by Andy Kohlberg, President and CEO of Kisco Senior Living. Stephen began his career with the company many years ago as a Maintenance Technician at Magnolia Glen before transferring to The Cardinal. He has continued to grow and develop over the years, being promoted to Lead Maintenance Tech, Maintenance Supervisor, and most recently, Maintenance Manager. We are so proud of Stephen for all of his accomplishments and for winning this prestigious award. Please congratulate Stephen on this achievement the next time you see him!

We are excited to introduce an evening concert series with Michael Leidig, classical pianist, beginning on Tuesday, June 2nd at 7:00pm. This special concert series will be streamed live on channel 1341 and will be featured every week during the month of June. In addition to his Tuesday night performances, Michael will also perform a special tribute concert titled Remembering Fathers through Music, celebrating fathers on Fathers' Day. On Friday, June 12th, we will be bringing the North Carolina Symphony to you via our Courtyard Concert Series. Four members of the North Carolina Symphony will join us in the courtyard for a late afternoon performance at 4:00pm. This coming week we will be celebrating the 1970's and wearing our best tie-dyed attire on Friday, June 5th for spirit day in the main courtyard. On Tuesday, June 2nd we have a special delivery for our residents and associates from a local farm here in the triangle. During the morning announcement on the 2nd, Tom Ford will provide details on what time team members will begin delivering some delicious berries to resident apartments.

Later in June, we will be celebrating The Cardinal Summer Olympics in lieu of the 2020 summer Olympics that were supposed to take place in Japan in late July. We are very excited to celebrate the games with you and our teams are busy training and preparing for the events in which they will be competing. The theme of our Olympic Games will be Cardinal Olympics: Striving to be Stronger than Alzheimer's Disease as we conclude the games on The Longest Day, a day in which people from around the world come together to raise money and awareness to end Alzheimer's Disease by participating in creative activity of their choice. The Cardinal participates in this challenge every year to help raise money for the cause on behalf of the Alzheimer's Association. This year, due to social distancing, The Longest Day resident participation will look a little bit different, but we have some wonderful Olympic events to entertain and engage our residents on this day to continue the fight. Stay tuned for more information and schedule of events for The Cardinal Olympics.

Tom Ford, Executive Director is Manager on Duty Saturday, May 30th and Delinda Eubanks, Learning and Development Director is Manager on Duty Sunday, May 31st. As a final reminder, any resident who leaves for a long weekend or summer vacation must shelter in place for 7 days upon returning to The Cardinal. I have been approached by several residents this past week inquiring about the policy regarding taking a trip to the beach or summer home. We cannot prevent residents from leaving and staying with family or going to a vacation home but if one chooses to do so, they must shelter in place upon return. Please let the front desk know if you are planning to leave for an extended period of time so they can add you to the away list. As always, please do not hesitate to reach out to me or Mary Casey with any questions or comments. We hope you have a wonderful weekend now that the rain has ended.

Sincerely,

Tom Ford, Executive Director