



**Notable Quotable**

“I couldn’t wait for success, so I went ahead without it.”

~ Jonathan Winters, comedian

**November Birthdays**

Julie Timko – 11/2  
 Connie Johnson – 11/3  
 John Hall – 11/4  
 Jane Stroup – 11/4  
 Charles Stugard – 11/5  
 Kathryn Miller – 11/5  
 Karen Berg – 11/7  
 John Lumsden – 11/8  
 Gary Roberts – 11/8  
 Sally Stevens – 11/8  
 Anita Wiese – 11/8  
 Marilyn Cloyd – 11/9  
 Margareta Miller – 11/9  
 Carolyn Winstead – 11/10  
 Harriet Jablonover – 11/10  
 Rozelle Bederman – 11/12

Billy Thompson – 11/12  
 Ruth Glenn – 11/14  
 Joan Franklin – 11/15  
 Mary “Tink” Purcell – 11/16  
 Glenn “Chip” Anderson – 11/17  
 Marguerite Foley – 11/18  
 Lane Montgomery – 11/19  
 David Worley – 11/19  
 Betty Harrison – 11/19  
 Annette Kanter – 11/20  
 Pat Ableidinger – 11/20  
 Pat Durfee – 11/21  
 Sarah Pope – 11/25  
 William Sullivan – 11/28  
 William Burkhardt – 11/29

**Cardinal Residents Are Collectors** *cont. from pg. 1*

Hoover and Nixon are among the better ones,” he says. More recently, he bought others and now has 19 presidents’ signatures framed, hanging on his office wall.

I cherish my small collection of Netsuke (Net-soo-kei), superb tiny carvings created by Japanese artists over the centuries. As Japanese men’s kimonos had no pockets, these carvings, two-inches or less in height and made from mammoth ivory, were used to

attach small items to the sashes (obi) of men’s traditional dress. A myriad of materials is now used for the miniatures. When Japanese men transitioned to European dress, the use of Netsuke declined. However, as Western collectors arrived in Japan in growing numbers, Netsuke became a form of fine art. Subjects portrayed include legendary heroes, common folk figures, animals, mystical beasts, and others. Please share your collection stories with me.

**The Buzz**

- Thanks to Sheila Sullivan for keeping beautiful fresh flowers next to the elevator on the fifth floor of the North Tower.
- Check your calendars to see what special goodies we have this month for Wellness Wednesdays.
- Friday, Nov. 13<sup>th</sup>, tune in to channel 1341 to a performance by the NC Symphony: “Roaring 20s”
- Join us on Nov. 18<sup>th</sup> to cheer on Ron Levine and Chris Jamgochian as they face off other Kisco communities in the Championship Spelling Bee.

*The Good Life*

November 2020



**The Cardinal at North Hills**  
 4030 Cardinal at North Hills  
 Raleigh, NC 27609  
 (984) 204-8444  
[www.LifeatTheCardinal.com](http://www.LifeatTheCardinal.com)

**Celebrating November**

**Native American Heritage Month**

**Veterans Day: U.S.**  
*November 11*

**Thanksgiving: U.S.**  
*November 26*

**Our Community Management Team**

**Executive Director**  
 Tom Ford

**Assistant Executive Director**  
 Mary Casey

**Sales Directors**  
 Betsy Sykes  
 Lynn Lowe

**Director of Learning & Development**  
 Delinda Eubanks

**Environmental Services Director**  
 Ernest Kastner

**Director of Nursing**  
 Theresa Weigand

**Director of Culinary Services**  
 Chris Jamgochian  
**Wellness Director**  
 Ashley Stokes

**Cardinal Residents Are Collectors**

By: Harriet Jablonover

People collect items for different reasons: the thrill of the hunt, the enjoyment of ownership, or the idea that the investment of time or money will pay off in the future. Curious to learn what Cardinal residents collected, I reached out and was rewarded with tales of three interesting collections.



Dave Smith, a.k.a. Smitty, told me he continues to collect heart-shaped small rocks. He combs the streams on his trout fishing expeditions. Smitty feels the rocks are romantic and enjoys presenting them to his wife, Lynda.

While in high school, Bob Grossman asked for and received a number of autographs. “Kennedy, Johnson,  
*Cont. on pg. 4*

**Salute to our Veterans**

November 11<sup>th</sup> is Veterans Day in the United States, and it is similarly commemorated in other countries on this day because November 11<sup>th</sup> was the day that World War I ended in 1918.

It is important for us to honor our American veterans for their patriotism, love of this country and willingness to serve and sacrifice for the common good.

We have over 60 veterans at The Cardinal, which by the way is astounding, and we look forward to celebrating their courage on this day.

Although, it is significantly important for us to have this special day to attribute to YOU, our veterans, we salute to you each and every day!

## Election Day Memories

By: Marie Best

My family was Republican. I don't think my mother voted, but my father did and here is how I know. My father was a "blue collar" factory worker—a tool and die maker in a small steel mill. However, on Election Day he dressed like he did when he went to church.

Before the polls closed, a man would come to take him to vote, even though we had a car and he could have driven himself. When he came back home, he would show us the \$5 that he was paid to vote. In the early 1950s, \$5 would be equal to about \$50 in purchasing power today.

When Tom and I were married in 1957 he said his family members were Democrats. Tom and I always voted for the person, not the party, but over the years I would still register as

### 'What A Good Idea!'

By: Jackie Eisen & Ashley Stokes

Early morning October 21 saw many delighted Cardinal residents munching happily on delightfully fresh waffles. Lining up behind a table were those who helped keep the delectable waffles fresh and warm as they helped the residents choose their pancake fillings.

Associates Lauren, Jamie, Hannah and Ashley smilingly offered many goodies to accompany those warm and

Republican and Tom as Democrat.

As we moved around the country with Tom's job, we had to re-register in each new state we lived in. Usually we did this separately because Tom was busy on his new job during the day, when I found time to register.

When Tom went in to register, they would ask him what party he wanted to be registered with. To be funny, he would ask "What party did my wife register with?" The volunteer handling registration would look through her book and would normally say "Republican." Tom would pause, then say "Ah! Put me down as a Democrat." We eventually decided to register as Independent or Unaffiliated, which is what we are today.

appealing delights. Resident Gene Eisen said that he hadn't had a waffle for ages and was obviously thoroughly enjoying his. He said, "What a good idea," echoing several other delighted "pancake revelers."

By 10:00 a.m., the brunch was finished, the happy participants had left, and the associates were starting to clear up--and everyone was saying some version of 'What a Good Idea!'



## Yes, You Can Earn a Master's Degree Even Late in Life

By: Jane Stroup

We all know Cardinal residents who have M.D. or Ph.D. degrees. Less obvious are those many residents with master's degrees. I'm pleased to report that I will soon join that distinguished group.

I have been taking graduate courses in history at North Carolina State University since 2016. In July, I completed all requirements, with distinction, and will receive my diploma in December.

Although I have always enjoyed history, I was too immature in college to do all the required reading, so I gave it up. But it has been on my "bucket list" for years, and as I approached retirement I began to brush up. Once I started at NC State, I encountered a wealth of fascinating material, from primogeniture in the European Middle Ages to correspondence schools in nineteenth-century America. I started a blog, [janetakesonhistory.org](http://janetakesonhistory.org).

### Making Healthy Strides

The Career Lattice Associates would like to thank everyone who participated in our 2<sup>nd</sup> annual Making Strides Against Breast Cancer Event this year.

Despite the inclement weather this event was a huge success

My only disappointment was that no other student was anywhere near my age! I was older than most (if not all) of my professors. I would have loved a companion.

After studying British guilds, the British woolen industry, and plantations in the Barbados, I finally settled on a thesis topic: labor conditions during the Industrial Revolution. I wrote most of the thesis during the pandemic. Luckily, I had checked out 20 or so books before the library closed, and NC State's online library resources are tremendous.

By the way, I'm not the only Cardinal resident to receive a master's later in life. During retirement, Alec Whittaker earned two M.A.'s from NC State—in history and English literature. He even received a prize from the Southern History Association. Perhaps there are others?

this year! We are excited to announce that we far exceeded our goal of \$1000 and raised over \$3000 thanks to all of you for your support and donations. We cannot thank you enough, and we're already looking forward to next year's event.

