

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Seated Boxing 10:45 Categories 12:30 Episcopal Service ☑ 1:30 Marvelous Manicures 3:30 Fresh Air with Friends 6:30 Musical Melodies on YouTube 🎵	2 9:30 Daily Chronicle Discussions 10:30 Music Therapy with Caitlin 🎵 2:00 Water Works 🚰 3:30 Pet Therapy with Sit Means Sit of Apex 6:30 Trip Down Memory Lane	3 10:00 Fitness Friday 10:30 Daily Chronicle Discussions 11:15 EZ September Trivia 2:30 A Baker's Dozen: Chocolate Chip Cookies 6:30 Friday Night Film	4 11:00 Balloon Tennis 2:30 Color Your Cares Away
5 10:00 Fall Fresh Air 3:00 Ice Cream Truck!	6 10:00 Balloon Tennis 11:00 Daily Chronicle Discussions 11:15 Joggin' Your Noggin 1:30 Bingo! 6:30 Monday Night Movie	7 9:30 Daily Chronicle Discussions 10:00 Bowling 10:30 Walking Club 12:30 Catholic Service ☑ 3:30 Sing Along with Don 🎵 6:30 Color Your Cares Away	8 10:00 Seated Boxing 11:15 Marvelous Manicures 12:30 Episcopal Service ☑ 2:00 Outing: NC State Dairy Farm 🚗 3:30 Fresh Air with Friends 6:30 Musical Melodies on YouTube 🎵	9 9:30 Daily Chronicle Discussions 10:30 Courtyard Cornhole 11:15 Reading w/ Wellness 2:00 Water Works 3:00 Paint and Pour with Barb 6:30 Trip Down Memory Lane	10 10:00 Fitness Friday 10:30 Daily Chronicle Discussions 11:15 Finish the Lyric! 2:30 Baker's Dozen: Coffee Cake 6:30 Friday Night Film	11 11:00 Balloon Tennis 2:30 Color Your Cares Away 4:00 Pet Therapy with Beau
National Grandparents Day 12 10:00 Fall Fresh Air 1:00 Grandparents Day Celebration 3:00 Ice Cream Truck!	13 10:00 Balloon Tennis 11:00 Daily Chronicle Discussions 11:15 Joggin' Your Noggin 1:30 Bingo! 6:30 Monday Night Movie	14 9:30 Daily Chronicle Discussions 10:00 Bowling 10:30 Movercize with Rich! 12:30 Catholic Service ☑ 3:30 Sing Along with Don 🎵 6:30 Color Your Cares Away	15 10:00 Outing: Apple Picking at Page Farms 🚗 10:00 Seated Boxing 10:45 Categories 12:30 Episcopal Service ☑ 1:30 Marvelous Manicures 3:30 Fresh Air with Friends	16 9:30 Daily Chronicle Discussions 10:30 Courtyard Cornhole 11:15 Reading w/ Wellness 1:30 Water Works 🚰 3:30 Pet Therapy with Sit Means Sit of Apex 6:30 Trip Down Memory Lane	17 10:00 Fitness Friday 10:30 Daily Chronicle Discussions 11:15 Reminiscing Through Senses: Fall Sports 2:30 A Baker's Dozen: Apple Spice Cake 6:30 Friday Night Film	18 11:00 Balloon Tennis 2:30 Color Your Cares Away
19 10:00 Fall Fresh Air 3:00 Ice Cream Truck!	20 10:00 Balloon Tennis 11:00 Daily Chronicle Discussions 11:15 Joggin' Your Noggin 1:30 Bingo! 6:30 Monday Night Movie	21 9:30 Daily Chronicle Discussions 10:00 Bowling 10:30 Walking Club 12:30 Catholic Service ☑ 3:30 Sing Along with Don 🎵 6:30 Color Your Cares Away	22 12:30 Episcopal Service ☑ 1:30 Marvelous Manicures 3:30 Fresh Air with Friends 5:00 Fall Fest in the Front Courtyard 6:30 Musical Melodies on YouTube 🎵	23 9:30 Daily Chronicle Discussions 10:30 Courtyard Cornhole 11:15 Reading w/ Wellness 2:00 Water Works 🚰 3:30 Fall Leaf Painting 6:30 Trip Down Memory Lane	24 10:00 Fitness Friday 10:30 Daily Chronicle Discussions 11:15 Fall Fill in the Blank 2:00 Happy Hour featuring Paula Snyder 🎵 6:30 Friday Night Film	25 11:00 Balloon Tennis 2:30 Color Your Cares Away 4:00 Pet Therapy with Beau
26 10:00 Fall Fresh Air 3:00 Ice Cream Truck!	27 10:00 Balloon Tennis 11:00 Daily Chronicle Discussions 11:15 Joggin' Your Noggin 1:30 Bingo! 6:30 Monday Night Movie	28 9:30 Daily Chronicle Discussions 10:00 Bowling 10:30 Movercize with Rich! 12:30 Catholic Service ☑ 3:30 Sing Along with Don 🎵 6:30 Color Your Cares Away	29 10:00 Seated Boxing 10:45 Categories 12:30 Episcopal Service ☑ 1:30 Marvelous Manicures 3:30 Fresh Air with Friends 6:30 Musical Melodies on YouTube 🎵	30 9:30 Daily Chronicle Discussions 10:30 Courtyard Cornhole 11:15 Reading w/ Wellness 2:00 Water Works 🚰 3:30 Pet Therapy with Sit Means Sit of Apex 6:30 Trip Down Memory Lane		September