

January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
2 10:00 Church Service with Pastor Will Joslin (GR) 3:30 Repeat of Saturday's Movie- "War Horse" (MR)	3 1:00 Manicures and Hand Massage 3:30 Sing Along w/ Don (Pines)	4 10:30 Movercize with Rich (Pines) 11:15 Flower Arranging (Pines) 2:00 Bridge with Rachel (Pines) 3:00 Loving Life w/ Legacy	5 9:30 St. Timothy's Episcopal Communion Service (Pines) 1:00 Quiet Meditation (Pines Living Room) 1:30 Game Time- Uno 3:00 Music Therapy with Caitlin (Connections)	6 10:00 Let's Go for a Walk 2:00 Water Works ♣♣ 3:00 Pet Therapy with Beau	7 10:00 Balloon Tennis (Pines) 10:30 Chronicle Reading and Reminiscing (Pines) 11:00 Chinese Checkers (Pines) 3:30 Sing Along w/ Don (Pines) 4:00 Shabbat Service (Family Room)	8 9:30 Coffee and Chatter (FR) 1:30 Bingo in the Pines 3:30 Popcorn and a Movie: "Kramer VS Kramer" (MR)
9 10:00 Church with Pastor Will Joslin (GR) 3:30 Repeat of Saturday's Movie- "Kramer VS Kramer"	10 9:30 One on Ones - Weekly Overview 10:30 Sit and Be Fit (Pines) 11:00 Daily Chronicle Reading and Reminiscing (Pines) 11:30 Joggin' Your Noggin 1:00 Manicures and Hand Massage 2:30 Sing Along w/ Don (Pines)	11 10:30 -15 Minute Stretch (Pines) 10:45 Chronicle Reading and Reminiscing (Pines) 11:15 Flower Arranging (Pines) 12:00 Picnic in the Pines (Overlook) 2:00 Bridge with Rachel (Pines)	12 9:30 St. Timothy's Episcopal Communion Service (Pines) 10:00 Outing: Hot Chocolate and Cider Drive 1:30 Resident Council (Overlook) 3:30 "American Composers" performance by Fred Jacobowitz & Anatoly Larkin (GR)	13 10:00 Let's Go for a Walk 10:30 Chronicle Reading and Reminiscing (Pines) 11:00 Game Time! Word Game 2:00 Water Works ♣♣ 3:00 Pet Therapy with Sit Means Sit	14 10:00 Balloon Tennis (Pines) 10:30 Chronicle Reading and Reminiscing (Pines) 11:00 Chinese Checkers (Pines) 3:30 Sing Along w/ Don (Pines)	15 9:30 Coffee and Chatter (FR) 1:30 Bingo in the Pines 3:30 Popcorn and a Movie: "Lady in The Van" (MR)
16 2:00 Christian Worship Service w/ Edenton Street Methodist Church (Pines) 3:30 Repeat of Saturday's Movie: "Lady in The Van" (MR)	17 9:30 One on Ones - Weekly Overview 10:30 Sit and Be Fit (Pines) 11:00 Daily Chronicle Reading and Reminiscing (Pines) 11:30 Joggin' Your Noggin 1:00 Manicures and Hand Massage 3:30 Sing Along w/ Don (Pines)	18 10:30 -15 Minute Stretch (Pines) 10:45 Chronicle Reading and Reminiscing (Pines) 11:15 Flower Arranging (Pines) 2:00 Bridge with Rachel (Pines)	19 9:30 St. Timothy's Episcopal Communion Service (Pines) 11:00 Craft-Let's Make a Snowman! (Pines) 1:00 Quiet Meditation (Pines Living Room) 1:30 Game Time- Uno 3:00 Cheese and Chatter (Pines)	20 10:00 Let's Go for a Walk 11:00 Game Time- Word Game 2:00 Water Works ♣♣ 3:00 Pet Therapy with Beau	21 9:30 One on Ones - Weekly Overview 10:30 Balloon Tennis (Pines) 11:00 Chinese Checkers (Pines) 3:30 Sing Along w/ Don (Pines)	22 9:30 Coffee and Chatter (FR) 1:30 Bingo in the Pines 3:30 Popcorn and a Movie: "Green Book" (MR)
23 3:30 Repeat of Saturday's Movie: "Green Book" (MR)	24 10:30 Sit and Be Fit (Pines) 1:00 Manicures and Hand Massage 2:30 Sing Along w/ Don (Pines)	25 11:15 Flower Arranging (Pines) 2:00 Bridge with Rachel (Pines)	26 9:30 St. Timothy's Episcopal Communion Service (Pines) 10:00 Outing: Duck Donuts Drive 1:00 Quiet Meditation (Pines Living Room) 3:00 Understanding Classical Music with Mary Ann Nillson (GR)	27 10:00 Let's Go for a Walk 11:00 Game Time!- Word Game 2:00 CNH Five Year Anniversary Celebration (MR/GR) 2:00 Water Works ♣♣	28 10:00 Balloon Tennis (Pines) 10:30 Chronicle Reading and Reminiscing (Pines) 11:00 Chinese Checkers (Pines) 3:30 Sing Along w/ Don (Pines)	29 9:30 Coffee and Chatter (FR) 1:30 Bingo in the Pines 3:30 Popcorn and a Movie: "Good Will Hunting" (MR)
30 3:00 Quarterly Resident Association Meeting (MR/GR)	31 9:30 One on Ones - Weekly Overview 10:30 Sit and Be Fit (Pines) 11:30 Joggin' Your Noggin 1:00 Manicures and Hand Massage 3:30 Sing Along w/ Don (Pines)					